

# **OFFICIAL REGULATIONS CENTER LEAGUES SPORTS ASSOCIATION**

## **ARTICLE I—ALCOHOLIC BEVERAGES**

No alcoholic beverages or controlled substances (drugs) are permitted on the premises. If you, your guest or any business associates bring either on the premises and you are scheduled to play, your game will be forfeited immediately.

## **ARTICLE II—ELIGIBILITY**

All employees of the Lincolnshire Corporate Center, The Corporate Grove and The Corporate Woods are eligible to play in the league. No non-employees are permitted. Due to liability insurance restrictions, this rule will be strictly enforced. If an ineligible player is found, your team will forfeit the game and potentially be disqualified for the season.

## **ARTICLE III—HOLD HARMLESS AND INDEMNIFICATION AGREEMENT / ROSTER**

The team captain or main company contact must sign the Hold Harmless and Indemnification Agreement and enter their company name in Paragraphs 4 and 7. In addition, prior to play, **every person participating in league play must sign the Hold Harmless/Roster (located on the back of the Indemnification Agreement).**

## **ARTICLE IV—PARKING**

No parking is permitted in the Vance Publishing parking lot. This is private property. Parking will be monitored. If you park there, you will be asked to move your car to the 300 Knightsbridge Parkway lot east of the field. This may result in a delay of your game time and possible forfeit.

## **ARTICLE V—SPORTSMANSHIP**

Over-aggressive play and excessive use of foul language will not be tolerated in corporate league play. Courteous, professional attitudes are expected from all participants, and a high level of sportsmanship is key to a quality experience for all.

# VOLLEYBALL RULES

## RULE 1: SCHEDULED PLAY

- A. **Days:** Monday or Wednesday. Each team will play once a week.
- B. **Time:** 5:30 p.m. and 6:15 p.m.
- C. **Updates & Announcements:**  
Call Sports line at 847-634-3798 after 4:00 p.m. daily for possible schedule changes due to forfeits and rainouts. This is the same phone number team captains use to report wins the day following a game.
- D. **Grace Period**  
There is a 15-minute grace period from start time to allow for late team members. Teams not ready to play within 15 minutes after the scheduled start time must forfeit.
- E. **Rain Dates/Rescheduling**  
Monday's rain day is Tuesday; Wednesday's rain day is Thursday. Call the Sports line at 847-634-3798 after 4:00 p.m. for updates. Games are not to be rescheduled unless Sports Coordinator grants an exception. There will be no rescheduling of games other than for inclement weather.
- F. **Number of Games**  
Each team will play a minimum of ten (10) games.
- G. **Practice Times**  
Practice times must not conflict with regular play times, dates of play, or rain dates and must be scheduled in advance with the Sports Coordinator. If the court/time slot is needed for a rescheduled set, it will have priority over the practice time. A practice may be rescheduled if desired. Practices may be scheduled no more than ONE week in advance.
- H. **Tournaments**  
The top eight teams that have not forfeited more than 3 games during the season will be eligible for tournament play. Center Leagues Sports Association reserves the right to schedule team placement in tournaments at their discretion. Consideration will be given to number of team forfeits/penalties, comparison of game results of tied teams who have played each other, and performance against higher ranked teams.

## **RULE 2: TEAM / PLAYER INFORMATION**

### **A. Hold Harmless and Indemnification (HHIA)**

This is a two-page form for insurance purposes. Every employee participating in league play must sign the Hold Harmless and Indemnification Agreement Roster prior to play. In addition, the team captain or main company contact must sign Page 1 and enter the company name in Paragraphs 4 and 7.

**If additions to your team become necessary during the season, an updated Roster must be submitted to the Sports office prior to play. Please keep a copy for your records and forward the original to the Sports office.**

### **B. Players**

1. Each team will consist of no more than 6 and no less than 4 players on the court at one time. There is no limit to the number of players listed on the roster.
2. At least 2 women per team must be on the court at all times.
3. Even if a company has multiple teams, each employee may play for only 1 team per sport.
4. Each player must have signed and submitted the Hold Harmless and Indemnification Agreement/Roster to the Center Leagues office prior to play (see Rule 2A above).

### **C. Skill Level**

While skill level may vary between players, the same rules will apply for all players.

### **D. Substitutes**

Substitutes may be used so more players can participate, but the same player may not be substituted repeatedly for serving purposes.

### **E. Equipment**

Teams are to supply their own ball(s) for the sets. None will be available from the Management Office. Nets will be provided and maintained by the Management Office.

### **F. Forfeits**

1. If a team has less than 4 players, it must forfeit the set.
2. If a team cannot have at least 2 women on the court at all times, that team must forfeit the set.
3. Any team that knows in advance that it will have to forfeit a game should notify the opposing team captain and the Sports Coordinator at the earliest possible time.

### **RULE 3: SCORING**

- A. **Set**  
3 games make a set.
- B. **Game Point**  
Game point is 15. Winner must win by 2. In case of a tie at 15, a team must score 2 consecutive points to win.
- C. **Referees**  
**Each team is to supply a referee for all games played.** If only one team is able to supply a referee, they should choose someone who will make decisions fairly. If neither team is able to supply a referee, the teams will handle the various situations that arise as best and as fairly as possible.
- D. **Notification of Wins**  
The winning team captain is responsible for calling the Center Leagues Sports and Activities Line at **847-634-3798** the day following the game to report a win. Scores are not needed, but please include the winning and losing team numbers in your message.
- E. **Contesting a Game**  
If a team feels the opponent did not play a legal or fair set, the team captain must notify the Sports Coordinator and the opposing team captain by the following day to formally contest the game and a decision will be made regarding the set.

### **RULE 4: BASIC GAME REGULATIONS**

- A. **Starting Procedure**  
**Game 1:** Winner of the coin toss has choice of first serve or sides. The loser receives either to serve or choice of playing area. (If a coin is not available, volley begins the game and determines service.)  
**Game 2:** Teams switch sides after each game and service goes to the team not serving in the preceding game.  
**Game 3:** Team serving the first game also begins the service for the third game. In a deciding game, the teams also change sides when one reaches a score of 8 points, but service remains unchanged.  
**Note to all captains:** Please introduce yourself to the opposing team captain prior to play as a gesture of sportsmanship and confirmation that you are on the correct court and playing the correct team.
- B. **Serves**  
No "net" serves. No blocking or spiking of a serve.

#### **RULE 4: BASIC GAME REGULATIONS - Cont'd**

C. **Net Infractions**

1. Hands may go over the net to return the ball, but may not touch the net.
2. At no time may a player cross the net line onto the opponent's court.

D. **Line Calls**

If the ball lands on the line, it is considered to be "in".

E. **Illegal Hits**

1. "Carries" are not permitted. Any return where the player scoops, catches, or makes any other contact with the ball that is not a clean, sharp hit is illegal and is to be called as a "carry" by the referee.
2. "Double hits" are not permitted. No player may hit the ball twice in a row. A "bump" done with the arms far enough apart that the ball hits each arm separately is a double hit. The arms must be placed together so the ball hits a single surface.

#### **RULE 5: MISCELLANEOUS**

A. **Center Leagues Sports & Activities Line**

**Please call 847-634-3798 after 4:00 p.m. on the day of play** to hear a recorded message regarding possible schedule changes due to rainouts or forfeits. This is the same phone number where, after the short message, captains report their wins.

B. **Fees**

Fees are due upon registration (checks only, no cash). Checks should be made payable to Center Leagues Sports Association.

C. **Scheduling**

Each team will play one game per week, with teams equally distributed across courts, game days of Monday and Wednesday, and start times of 5:30 and 6:15 p.m. The scheduling will be done with the best interest of the entire league as priority and at the Sports Coordinators discretion.

## **RULE 5: MISCELLANEOUS - Cont'd**

### **D. Refund Policy**

The Center Leagues Sports Association must, prior to the start of the season, apply the entrance fees to the expenses of implementing the league. A withdrawal from the league does not lessen the expenses of the league. The Association receives no refunds from vendors and makes no profit from the leagues. The costs involved are specific to each team (maintenance, pro rata share of awards); therefore, **registered teams will be responsible for the full non-refundable team fee.**

### **E. Awards**

Awards will be given at the discretion of Center Leagues Sports Association.

### **F. Standings**

Standings will be done once a month by the sports coordinator and sent out to all captains. They will be based on the wins/losses that are called in.

### **G. Clean-up of Area**

All players and their guests are required to keep the sports area clean and discard all trash in appropriate containers before leaving the area.

### **H. Inquiries**

Inquiries about the league should be directed to the Sports Coordinators at 847-634-2300.